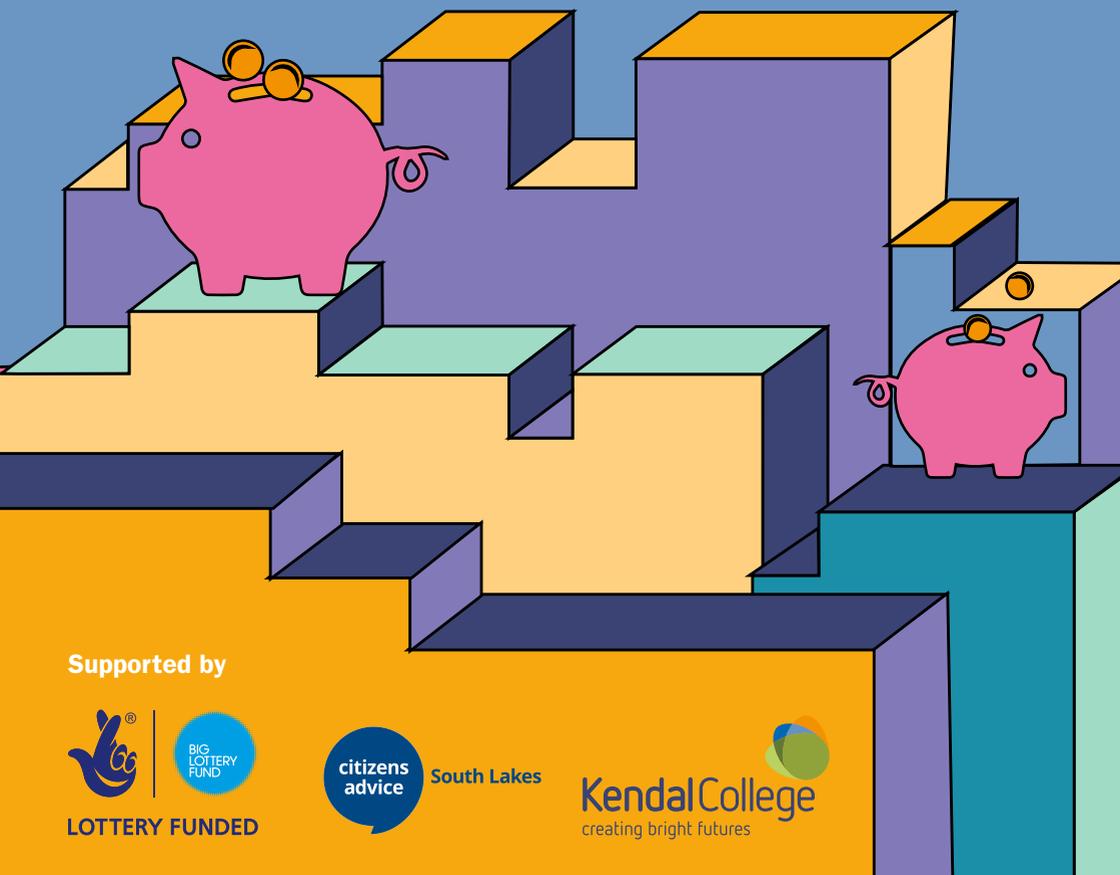


THE PIGGY BANK

WORK AND STATE BENEFITS

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South Lakes



WORK AND STATE BENEFITS

EARNING MONEY

Here are some useful links to finding the right job for you:



1

GAIN WORK EXPERIENCE (to help you get the perfect job)

www.do-it.org

A national search engine.

www.cumbriacvs.org.uk

www.lancastercvs.org.uk

Matching you with local opportunities.

www.yearoutgroup.org

A not-for-profit organisation that promotes structured gap years and models of good practice.

2

EMPLOYABILITY SKILLS

Spend time on your CV, application form and preparing for your interview. See below for websites and local support.

CAREER PLANNING & GENERAL INFORMATION

National sites:

<https://nationalcareersservice.direct.gov.uk>

This site includes a range of job profiles, employability tools and careers advice.

www.thesite.org/work-and-study

A range of information, designed specifically for young people.

DID YOU KNOW?

An estimated 70% of jobs are not advertised. The best way to find a job is networking, which means expanding your connections. For example, through volunteering, gaining work experience, linking to businesses on social media and utilising your friends and families contacts.

SELF-EMPLOYMENT AND ENTERPRISE

National Sites:

www.greatbusiness.gov.uk

www.gov.uk/starting-up-a-business

www.fsb.org.uk

(National Federation of Small Businesses)

www.princes-trust.org.uk

(The Prince's Trust helps young unemployed people aged 18-30 to set up their own business)

Local Sites

Cumbria:

www.cumbriachamber.co.uk/business-support

www.cumbriagrowthhub.co.uk

www.investinsouthlakeland.co.uk/business-support

Lancashire:

www.enterpriselancashire.co.uk

www.boostbusinesslancashire.co.uk

Local sites:

www.inspira.org.uk

Formerly Connexions, Inspira offer careers information and advice appointments to adults (19+). To contact their Kendal Office call **01539 730045**.

If you are a Kendal College student, visit Student Services and the Learning Centre.

4

3

APPRENTICESHIPS

www.apprenticeships.gov.uk

Earn while you learn with an apprenticeship. Open to all ages.

www.notgoingtouni.co.uk

A one-stop shop for finding out about alternatives to university e.g. apprenticeships, gap years, etc.

5

OPPORTUNITY IN THE SOUTH LAKES AREA

South Lakes Foyer offer the opportunity to get involved in their Business Links project to enhance your employability and life skills. This project will empower and enable you to engage in the local workforce and be recognised by local business leaders as reliable, talented and ambitious members of the community.

By getting involved in this project you will make sure that you stand out from the crowd. South Lakes Foyer will link you to the industry that you want to work in and have experienced business leaders ready to share their knowledge with you.

Contact **South Lakes Foyer** on **01539 741002**

STATE BENEFITS



State Benefits are sums of money paid by the Government to people in certain circumstances to meet their day to day living needs. They exist to make sure no one falls below a minimum standard of living.

State Benefits are also sometimes called allowances, pensions, tax credits or entitlements.

There are many different benefits that can be claimed. If you have been told in the past that you don't qualify for benefits it is worth checking again. You can have capital (savings and property) adding up to £16,000 and still qualify for some benefits.

It is important to get advice from an advice centre, such as Citizens Advice, to be sure that you are claiming every benefit that you are entitled to. Their national website is: www.citizensadvice.org.uk/benefits and the local centre websites (who offer appointments and drop-ins) can be found in the directory (section 6) to this guide.

You should be careful about relying on benefits to protect against financial hardship. This is because:

- **You can't be sure you will be entitled to get benefits at the time you need them.**
- **Benefits are fairly low, and might not pay you enough to cover the costs you face.**
- **In some cases, you have to wait before you can get help. For example, most people under 60 have to wait for 13 weeks before they can get help towards their mortgage costs.**

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citizens
advice

South Lakes




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Kendal College has published all information in good faith. Whilst every effort to ensure that the information in this guide was correct at the time of going to print, Kendal College reserves the right to amend information at any time. Printed March 2016.